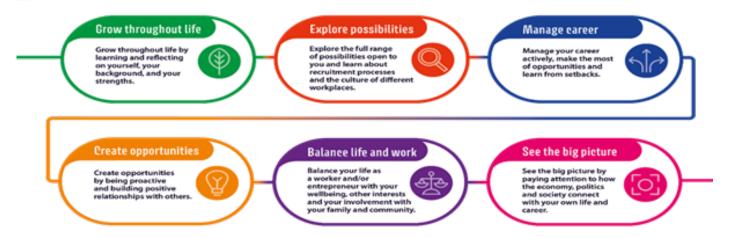
National Careers Week Special

eveloping 'Career Management Skills' like the ones in the CDI infographic below can help pupils to better navigate their journey through 'life, learning & work'.



Welcome to the March edition of our career's newsletter. As always, I hope you find the information both useful and informative. Details of careers events, resources and opportunities are detailed below. National Careers Week

is 4-9 March, and you can find events, resources and opportunities listed in this month's edition. Please contact me using the details at the end of the newsletter if I can be of any further help or support.

National Careers Week at Wanstead High

The primary focus of National Careers Week at Wanstead High School is exploring careers at the subject level, and all pupils at Key Stage 3 (Years 7 to 9) will be receiving a careers-specific lesson in each subject area. Our careers events will be held within Challenge Week:

Apprenticeship Fair-Monday 26th February

On Monday 26th April we will be hosted an appren-

Contribute to our secret.

ticeship fair with over 25 employers, further and higher education institutions, including the BBC, TfL, HSBC and Queen Mary University. This was followed by talks to Year 10 and 12 from ASK apprenticeships, Jerram Falkus and Queen Mary University. We have received positive feedback on the day from both pupils and parents, with feedback on the day including 'inspirational.'



Skills Builder Challenge Day

Our Year 7s participated in an in-class challenge day on Wednesday 28th February. Over the course of the challenge, learners applied all eight essential Skills Builder skills as they considered: What makes a successful society? They built a new society on a distant moon called Utopia, including selecting who will be the first citizens, creating an animal that will help people and building a 3D model of a new city.





Ms Christofides is also hoping to organise a talk with an employer for Year 12 and 13 pupils on pathways into law.

National Careers Week Online Resources

The National Careers Week Website

https://ncw2020.co.uk/

Contains a range of careers resources for pupils, including activities, guides and a virtual careers fair held across the week

The BBC Bitesize Website

https://www.bbc.co.uk/bitesize/articles/z7kx47h#zq-tykhv

Contains a range of resources including videos, podcasts and content. This includes a different them for each day of National Careers Week.

We will be using these to deliver tutor time sessions each day next week.

The STEM Hub

https://thestemhub.org.uk/national-career-week

Will be producing content for National Careers Week, including both live and pre-recorded videos.

Unifrog Soft Skills Webinar (for pupils in Years 10 to 13)



During NCW, Unifrog are running a series of webinars to give pupils advice on how to **develop transferable soft skills** like critical thinking and adaptability. They will hear from employers like Deloitte and The Dyson Institute on what recruiters look for when they apply to work experience, internships, and other opportunities.

> Share the 'soft skills' webinar series (4–6 Mar)

Year 9 Unifrog Launch

I am pleased to inform you that all form groups have now had a session in which pupils have signed up to Unifrog and started to engage with the platform. Pupils have been set 2 tasks (interactions):

- Complete the personality quiz
- Use the subject's library to research and 'favourite' at least 3 subjects for their GCSE options

The QR code, link and sign-up code below can be used by parents to explore the platform and the wealth of knowledge and opportunities that your child has available to them.

https:// org/



www.unifrog.

Sign up code: WAHSparents Year 11 updates

A reminder of the steps that your child should be taking to secure their post-16 options can be found on the Connexions next steps timeline on the next page. Our target is for all Year 11 pupils to have applied for 2 post-16 (sixth form and/pr college) places.

Pupils can research post-16 course options through Unifrog and the National Careers Service Course Finder: https://nationalcareers.service.gov.uk/find-a-course



connexions

London Borough of Redbridge, 020 8708 2600 Redbridge Connexions Team

AUGUST - Finish here

- Check your options in the light of your
- Enrol with your college or sixth form
- Make sure you now have your national insurance number or ring 0300 200 3500 if you have not got one yet
- Redbridge Connexions Team on 020 If you still have no suitable offers 8708 2600 for advice, guidance & for September, contact the support

JIL

- If going to college, check out date and time for when you need to enrol and what you might need to take to enrolment
 - Your exams will now be all over so time to relax and get ready for September
 - Connexions Team on 020 8708 2600 for September, contact the Redbridge If you have no suitable offers for advice, guidance & support
- Start from September Start from Septer Finish in August

when they are in

- out of this year and am I achieving Think: what do I really want to get my full potential?
- Find out about the different options ct.gov.uk.Job Profiles, for careers you can take. Look on information
 - details you need to help plan your next steps/talk to the right people Advisor can help you find all the Your Careers Leader / Careers
- looking at your options and provide next steps - if you need it. Talk to Adviser who can support you with more intensive support with your Redbridge Connexions Personal your Careers Leader to find out You may be able to speak to a

- Go on-line, look at sixth form/college courses information – apply well before application and apprenticeship/fraining provider
- apprenticeship providers at their open Start visiting sixth forms/college/ days/evenings
- Talk to tutors and students at these events to find out what's on offer and what learning there will really be like!

NOVEMBER

- and your Career Action Plan to help make your choices Use your predicted grades, interests, learning styles
- Talk to your subject teachers about what studying specific subjects at Post 16 will be like
- Weigh up the pros and cons of the different options Begin applications for courses at 6th form/college
- If you're interested in apprenticeships then register with explore / apply to vacancies with after June start dates

Next Steps Timeline for Year 11 Pupils

- the last Friday in June so you can't start an Remember - official school leaving date is apprenticeship until after then
- Continue revising for exams
- Connexions Team on 020 8708 2600 for September, contact the Redbridge If you have no suitable offers for advice, guidance & support

 Have you received an offer for the options you want after Year 11? If you haven't heard from your interview, ring up

Make sure you have at least

one offer for sixth form/

works for you and stick to it

Create a revision plan that

a suitable Education /Employment/ education/training until you are 18, so it is very important you secure Due to the 'raising participation raining place for September age' you will need to stay in

and discuss any support you

might need with student

advisors

buy equipment or materials)

(some might require you to

additional costs to courses

Check if there are any

college by now

- Careers Leader to get help from your not, speak to your Careers Adviser / about your plans for next year? If Are you clear Connexions Redbridge
- It is still not too late Personal Adviser to apply to some 6" forms &
- colleges but places will be filling up!

FEBRUARY

- apprenticeships if this is Check start dates are Start applying for your main plan
 - case you don't get one by Have a sixth form/college place as back-up - just in end of Aug after June
- p.service.gov.uk, apply on employer websites, Check School leaver contact training vacancies via providers, etc
 - ots of colleges support apprenticeships too with finding

- apprenticeships check out dates of open Continue finding out about courses and days/evenings - start attending them
- these grades will be used as "predicted grades" for Revise well for mock exams to get best grades sixth form/college references

- Review your mock exam results against your option
- Is your original idea still realistic?
- Visit sixth form/college open events, make
- Make sure you have a back-up plan in case your first applications if you haven't already done so choice does not work out
- Check Sixth Form closing dates they are likely to be Jan/Feb but they can vary

Careers Appointments

All pupils in Year 11 will have an appointment with our Prospects advisor (some will be seen by the Borough's Connexions advisor) to help them with their post-16 options and choices. This began in the summer term, and we aim for all pupils in the year group to have had an appointment no later than the Easter break. If your child would like a priority or urgent appointment, please contact Mr Langford or your child's tutor, who can make an appointment for them.

Upcoming Local College Open Days

Waltham Forest College - 13th March

Access Creative College - Events from March to May

Capel Manor College - 23rd March

New City College - 9th March

Newham College - 16th March

Careers Events and Opportunities

Springpod Virtual Work Experience (for Year 10 pupils and up)



In-depth, interactive and informative virtual work experiences from industry experts in the world's leading employers.

10-hour placements that you can complete in your own time (within 2 weeks), consisting of engaging talks from industry experts and mini workplace-based activities, projects and quizzes. You will receive a certificate upon completion.

Find out more, sign up for the platform and a placement here: https://www.springpod.com/virtual-work-experience

Oxford Brookes University

Year 12 Pupils - Royal Institution Mathematics Masterclass Series

Royal Institution Masterclasses are hands-on interactive extra-curricular sessions led by top experts from academia and industry, designed for keen and talented young people who are in Year 12 / 1st Year of College and interested in continuing their study of STEM (science, technology, engineering and mathematics) subjects into the future. The masterclass series runs over four Saturdays from 10:00am - 12.30pm, and takes place in person at Oxford Brookes. You don't have to be able to attend all

the dates in the series to take part:

Saturday 9 March 2024

For more information and to register your interest in these exciting sessions, please fill in <u>our form</u>.

Subject Taster Days 2024 - Spaces booking up fast

Join us for our exciting 2024 programme of Subject Taster Days. Spaces are limited but there is still time to book a place. Students will have the opportunity to:

- Take part in lectures and interactive academic sessions.
- Experience practical work and engage in discussion on the topics.
- Discover our facilities and student life during a Campus Tour.
- Hear about the career potential of the courses on offer.

Each Subject Taster Day is free to attend and will give insight into a range of courses within a subject area from one of our four faculties: Humanities and Social Sciences, Oxford Brookes Business School, Health and Life Sciences and Technology, Design and Environment. In particular, these sessions may be of interest to you and your students:

Entrepreneurs in the Making - 11 March 2024: Digital Marketing, Marketing Management, Business and Management, Hospitality and Events Management.

Power and Privilege - 27 March 2024: Law, Criminology, Philosophy, History, Politics and English.

Art & Design - 15 May 2024: A range of Art & Design courses with an exploration into the undergraduate exhibitions.

For more information on each Taster Day programme, please visit our website.

Oxford Brookes Summer School 2024 - Applications now live!

Our exciting and hugely popular residential Summer Schools will be happening again this July. With the opportunity to explore subject areas within our four faculties - Technology, Design and Environment, Humanities and Social Sciences, Health and Life Sciences and the Oxford Brookes Business School, pupils will discover what being a university student is all about, and delve into a subject area of their choice. The cost of the summer school is absolutely free with all travel, meals and accommodation provided, free of charge. For more information visit our website.



Wadham College, University of Oxford, Outreach and Access Events

Wadham College Summer Schools

For Y12 state school pupils interested in Classics, Modern Languages or Biology/Human Sciences

19th-23rd August 2024

Applications are open for five-day Classics, Modern Languages and Biology & Human Sciences Summer Schools run by Wadham College at the University of Oxford from 19th-23rd August 2024.

These Summer Schools are designed to give UK pupils studying in Year 12 a taste of what it's like to be an undergraduate studying at the University of Oxford. Pupils will take part in an academic programme, live in College, meet student ambassadors studying at Oxford, and receive information, advice and guidance on applying to university. The Summer Schools are free and we will provide financial support to pupils to cover their travel costs.

We're delighted to be able to run these events in-person allowing participants the best experience of life at the university. The feedback from last year's Summer Schools was hugely positive with over a third of participants subsequently securing offers to study at the university.

For more information and how to apply:

Wadham College Summer Schools

Balliol Taster Days Subject-specific taster days for Year 12 state school students April - June 2024

Balliol College will be hosting a number of in person subject-specific Taster Days in 2024.

These events are for year 12 UK state school pupils who are interested in studying the related course at university.

These Taster Days will include academic sessions, admissions information and a demonstration interview in the named subject. There will also be the opportunity to speak to tutors and current undergraduates studying the course at Oxford University.

Any pupil who is in year 12 at a UK state-funded school is welcome to apply. We will prioritise applications from disadvantaged students and from groups which are under represented at the university.

Our current planned Taster Days for 2024 are:

<u>Chemistry:</u> Wednesday 10 April 2024. The application deadline is 5pm on Friday 15 March.

Modern Languages: Monday 3 June 2024. The application deadline is 5pm on Friday 17 May.

<u>Biology:</u> Tuesday 4 June 2024. The application deadline is 5pm on Friday 17 May.

Engineering Science: Wednesday 12 June 2024. The application deadline is 5pm on Friday 14 May.

English: Thursday 13 June 2024. The application deadline is 5pm on Friday 14 May.

Unsung Heroes of Science Video Competition Ages 16-18

Deadline: 16th April

Who has history forgotten? Whose story has been left out of the textbooks? Whose work gets overlooked?

Whose story do you want to share?

We want you to make a two-minute video celebrating an unsung hero of science! This exciting competition is open to anyone aged 16-18, either as an individual or in teams of two or three. The shortlisted videos will be promoted by Hertford College, University of Oxford and their creators will be invited to a prizegiving event in the summer. As we'll be looking for engaging content and brilliant ideas, rather than professional video editing skills, you don't need any fancy equipment to take part and can film and edit the videos on your phone if you'd like.

The deadline is Tuesday 16th April so start choosing your unsung heroes of science now!

For more information, check out the competition webpage:

<u>Unsung Heroes of Science - Hertford College | University of Oxford</u>



Eton College Summer Preparation University Courses

Eton Summer University Preparation Courses (ESUPC).
The courses will run for 3-5 days between, Monday 1 July

The courses will run for 3-5 days between, Monday 1 July – Friday 12 July 2024.

ESUPC are a series of free, non-residential, subject-based courses for Year 12 students who attend UK state schools. These courses are designed to help pupils with their university applications through an exciting and challenging period of study.

Pupils that are interested in applying should make themselves known to Mr Langford, Mr Hamza or Ms Bray. The deadline is 18th March.





TfL Level 2 and 3 apprenticeships now open



Help make London a great place to work, live and play!

Our level 2 & 3 apprenticeship programmes are now open!

Take action for a greener future

Do you want to work for an iconic brand that keeps London moving?

Do you want to shape the future of our great city and make an impact?

Join us and help us build a better London.

We believe we're a great place for you.

Don't miss out - APPLY NOW!

What's in it for you?

On top of the competitive salary, we offer a range of amazing benefits, such as **2 FREE Oyster cards**, 75% discount on National Rail, minimum 29 days of annual leave. dedicated ongoing support, networking opportunities and many more.

We would encourage you to apply sooner rather than later as we may close roles earlier due to volume of applications.

Good luck!

TfL Early Careers



Speakers for Schools



Recorded talks in the Speakers for Schools Inspirational Talks Library can be found here.

The autumn newsletter, with a range of virtual work experience opportunities, can be found here.

If you have questions related to learning pathways, jobs or careers please contact Mr Langford:

d.langford@wansteadhigh.co.uk



PE Teacher & Doff Lead Coordinator at Wanstead High School (2nd year ECT)



If you enjoy it, go for it!

Ms T van Beers

Work History

- Worked in Architecture practice
- Worked at the BBC in Production Design
- Retrained as a Fashion/ Film make-up artist
- Wanstead High School Head of Year 12 & Teacher of Art



condary Education Canon Palmer RC High School

Higher Education PECE UCL (IOE)

Be thorough with your research and get stuck into super curricular activities that allow you to develop your passion and interests. That way you will have something unique to offer prospective employers and recruiters.

Mr M Adams

Work History

- Sawyers Hall College 2008 12 (Teacher of PE & SSCO)
- Wanstead High School 2008 present (PE & Geography teacher, Head of Boys PE, 2nd in Department & CTL)



ng in 2003 leaving with 8 /s (A - C) and 3 A Levels BBC r Education orts Studies from Mort University of achieving a 2:5 to 2006

Is is not a smooth ride and there will be set backs along the way but keep going and working hard and the result will be achieved. Surround yourself with good people and always look to learn and develop.

Ms D Collins

Work History

- Head of Modern Languages and MFL Teacher
- International interpreter and translator
- Restaurateur



Accept all opportunities to develop yourself -intrinsically you have all that you need to succeed. Just believe in yourself and always do your best.

Mr I Sweet

Work History

- Wanstead High School: Teacher of Music (2004 2006)
- Assistant Head of Music (2006 2009)
- Head of Music/ Curriculum Team Leader (Music) (2009 present)



Listen to as wide a variety of music as you can. Train your ears by working out melodies, bass lines, etc. from music rather than relying on tutorials. Take opportunities to make music with other people, you'll nearly always learn something from them.

Mr R Nazir

Work History

- International Banking Officer Banking and Finance
- Trainee management accountant management reports for business decisio
- Ran an international travel agency taking visitors on Hajj House husband
- Qualified teacher Secondary



Careers Advice

Ms K Kaddour

Work History

- Language Tutor at Aix- En Provence University France
- Solicitor in international law firm Dubai, Algeria, Morocco, London, Tokyo, France
- Translator/interpreter with: local authorities, Police, Home Office, UK Border Agency, NHS



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Carcers Advice

Language are incredibly advanted in many different way, especially white
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Ms M Steel

Work History

- Sports Division (Retail) 1992 1996
- Marks and Spencer 1996 2000
- Sunny the Sunflower Playworker/entertainer 1996 1998
- Junior Under Office SUOTC 1996 -1999
- Shared Intelligence Urban policy and improvement 2005 2007
- Kingsford Community School, 2000 2015
- Wanstead High School Deputy Headteacher 2015 to present date



Secondary Education

OCSEs & A Levels Higher Education 85c Geography PGCE Secondary Geography MA Urban Regeneration NPQH MBA with Educational Leadorship

Cancers Advice

Device your hell set and be confiden at applying these or a range of a job complying control of the product of the programming and developing in a possible product of the product of the programming and developing in a possible product of the product of the product of the product of the programming and the product of th

Ms S Prestwidge

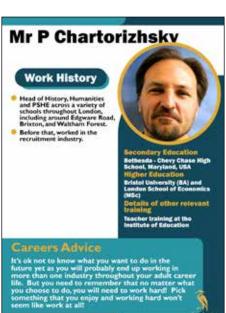
Work History

- Short Black Opera, Australia -Temporary Artistic Director and CEO
- Sydney Conservatorium of Music Music Educator Opera Holland Park, UK -Opera Singer and Dancer
- opera Sieger and Dancer Victorian Opera, Australia -Opera Singer SHA Productions Cruise, Corporate, and Hospitality performances Sarah Prestwidge Soprano -I work for myself as a freelance Performer and also have a music studio called "Sing with Sarah".



Find someone who is where you would like be in 5, 10 and 15 years time. Chat with them, or research their journey. Following in the steps can make the journey seem more achievable and can help you to see what options are available to you.











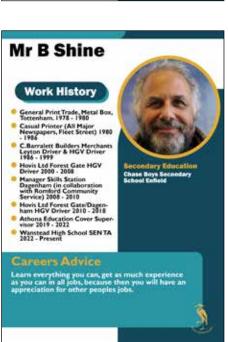
Work History

Systembarn High School for Girls (GDST) 1001-2002, PrT German









Follow your heart - even it means crossing borders!