



# Wanstead High School Careers NEWS

NOVEMBER 2023

**D**eveloping 'Career Management Skills' like the ones in the CDI infographic below can help pupils to better navigate their journey through 'life, learning & work'.



Welcome to the October edition of our careers newsletter. As always, I hope you find the information both useful and informative. Details of careers events, resources

and opportunities are detailed below. Please contact me using the details at the end of the newsletter if I can be of any further help or support.

## T Levels Week



A representative from Waltham Forest College delivered an interesting and informative talk to our Year 10 and Year 11 pupils on Tuesday 3rd and Thursday 5th October.

If your child is interested in this post-16 pathway, they can find out more through these links:

<https://www.tlevels.gov.uk/>

Schools and colleges offering courses can be found here: <https://www.tlevels.gov.uk/students/find>

## Tutor Time Programme Updates

The careers tutor time programme is now up and running across all year groups.

### Skills Builder-Years 7 to 9

Pupils in Year 7, 8 and 9, who are currently focusing on listening, speaking and creativity respectively, will be

moving on to a new skill after Half Term.

The initial sessions focus on developing understanding the essential skill through structured Skills Builder lessons. Pupils will then move on to reflection sessions focused on how they can use these skills in their learning and daily lives, and how they might use them in the workplace.

want to ensure that pupils make full use of the platform. Your support in ensuring your child logs on and completes the tasks assigned for them is much appreciated.

A reminder that parents and carers can browse the platform by creating a parent log in. Either scan this QR code:



Or go to [www.unifrog.org/student](http://www.unifrog.org/student) and click 'Sign in for the first time' You'll be asked for some details and a Sign up Code: WAHSpaents



## Careers appointments

All pupils in Year 11 will have an appointment with our Prospects advisor. This began in the summer term, and we aim for all pupils in the year group to have had an appointment no later than the Easter break next year. If your child would like a priority or urgent appointment, please contact Mr Langford or your child's tutor, who can make an appointment for them.

## Local college open events

[Waltham Forest College](#) - 1st November

[Newham College](#) - 18th October

[Access Creative](#) - Dates in November and December

[Capel Manor](#) - Dates in November and December

[New City College](#) (NCC) - 18th November

On the next page you will find a next steps timeline for our Year 11 pupils, produced by our borough careers service Connexions.

## Year 12 and 13 updates

Please find Unifrog updates from Mr Hamza here:

<https://docs.google.com/presentation/d/1Dh-BYmzEnFACb9IxHthxvcCSNuYZ6Vs9c/edit?usp=sharing&ouid=101649848473916739388&rtopf=true&sd=true>

Please find apprenticeship information and UCAS updates from Ms van Beers here:

<https://docs.google.com/presentation/d/1RmX8Id-mWP7Sa2hNHvab2qgj1UnCcWf0yWf-xLOWcMP0/edit?usp=sharing>

## Unifrog-Years 10 to 13

Tutor time careers sessions have been delivered to these year groups based around the CDI framework outlined above. Pupils are currently focused on 'growing through-out life', and Year 10 are currently plotting their career journeys, whilst Year 11 are currently exploring post-16 choices.

\*Not all pupils have yet logged on to Unifrog online\*

All pupils in Year 11 and 12 have been sent a welcome email, whilst pupils in Year 10 and 13 have been sent a prompt. Unifrog is an incredibly rich of source of careers, post-16 and post-18 information and guidance, and we

- AUGUST - Finish here!**  
Check your options in the light of your results
- Enrol with your college or sixth form
  - Make sure you now have your national insurance number or ring 0300 200 3500 if you have not got one yet
  - If you still have no suitable offers for September, contact the Redbridge Connexions Team on 020 8708 2600 for advice, guidance & support**

- Start from September
- Finish in August

- JULY**
- If going to college, check out date and time for when you need to enrol and what you might need to take to enrolment
  - Your exams will now be all over so time to relax and get ready for September
  - If you have no suitable offers for September, contact the Redbridge Connexions Team on 020 8708 2600 for advice, guidance & support**

- JUNE**
- Remember - official school leaving date is the last Friday in June so you can't start an apprenticeship until after then
  - Continue revising for exams
  - If you have no suitable offers for September, contact the Redbridge Connexions Team on 020 8708 2600 for advice, guidance & support**

- MAY**
- Have you received an offer for the options you want after Year 11? If you haven't heard from your interview, ring up!
  - Due to the 'raising participation age' you will need to stay in education/training until you are 18, so it is very important you secure a suitable Education /Employment/ Training place for September

- APRIL**
- Create a revision plan that works for you and stick to it
  - Make sure you have at least one offer for sixth form/college by now
  - Check if there are any additional costs to courses (some might require you to buy equipment or materials) and discuss any support you might need with pupil advisors

- MARCH**
- Are you clear about your plans for next year? If not, speak to your Careers Leader to get help from your Careers Adviser / Redbridge Connexions Personal Adviser
  - It is still not too late to apply to some 6<sup>th</sup> forms & colleges but places will be filling up!

- FEBRUARY**
- Start applying for apprenticeships if this is your main plan
  - Check start dates are after June
  - Have a sixth form/college place as back-up - just in case you don't get one by end of Aug
  - Check School leaver vacancies via [www.findapprenticeship.service.gov.uk](http://www.findapprenticeship.service.gov.uk), apply on employer websites, contact training providers, etc
  - Lots of colleges support with finding apprenticeships too

- SEPTEMBER - Start here...**
- Think: what do I really want to get out of this year and am I achieving my full potential?
  - Find out about the different options you can take. Look on <https://nationalcareersservice.direct.gov.uk>. Job Profiles, for careers information
  - Your Careers Leader / Careers Advisor can help you find all the details you need to help plan your next steps/talk to the right people
  - You may be able to speak to a Redbridge Connexions Personal Adviser who can support you with looking at your options and provide more intensive support with your next steps - if you need it. Talk to your Careers Leader to find out when they are in

**OCTOBER**

- Go on-line, look at sixth form/college courses and apprenticeship/training provider information – apply well before application deadlines
- Start visiting sixth forms/college/ apprenticeship providers at their open days/evenings
- Talk to tutors and pupils at these events to find out what's on offer and what learning there will really be like!

**NOVEMBER**

- Use your predicted grades, interests, learning styles and your Career Action Plan to help make your choices
- Talk to your subject teachers about what studying specific subjects at Post 16 will be like
- Weigh up the pros and cons of the different options
- Begin applications for courses at 6<sup>th</sup> form/college
- If you're interested in apprenticeships then register with [www.findapprenticeship.service.gov.uk](http://www.findapprenticeship.service.gov.uk) and explore / apply to vacancies with after June start dates

**DECEMBER**

- Continue finding out about courses and apprenticeships - check out dates of open days/evenings - start attending them
- Revise well for mock exams to get best grades - these grades will be used as "predicted grades" for sixth form/college references

**JANUARY**

- Review your mock exam results against your option choices
- Is your original idea still realistic?
- Visit sixth form/college open events, make applications if you haven't already done so
- Make sure you have a back-up plan in case your first choice does not work out
- Check Sixth Form closing dates – they are likely to be Jan/Feb but they can vary

**Next Steps Timeline for Year 11 Pupils**



## Careers Events and Opportunities

### Springpod Virtual Work Experience (for Year 10 pupils and up)

In-depth, interactive and informative virtual work experiences from industry experts in the world's leading employers.

10-hour placements that you can complete in your own time (within 2 weeks), consisting of engaging talks from industry experts and mini workplace-based activities, projects and quizzes. You will receive a certificate upon completion.

Find out more, sign up for the platform and a placement here: <https://www.springpod.com/virtual-work-experience>

### Oxford Brookes Schools Outreach

#### Brookes Engage Access Programme - Deadline 3rd November 2023

Are you a Year 12 pupil thinking about your next steps? There is still time to apply for our free **Brookes Engage programme**, the deadline is Friday 3 November. Our on-campus conference days will provide you with information on your chosen subject stream and support you with your University application. You can find out more and apply via our [website](#).

#### Art & Design

#### Portfolio Preparation Sessions

If you are in Year 12 or 13, interested in studying an Art & Design subject and would like to develop your portfolio, you can take part in our free portfolio preparation sessions during half term, Monday 23 - Friday 27 October 2023.

There will be fully interactive online sessions, featuring live and guided activities with one of our friendly Art and Design academics and a student currently studying at Oxford Brookes. Participants will also get access to lots of different online resources and activities throughout the course, and our academic will be providing 1:1 sessions for individual feedback. Spaces are limited and applications are restricted to students attending state schools and colleges. To apply, students should complete [this application form](#) by 5pm on Friday 6 October.

#### Undergraduate Open Days

#### 7 October and 18 November

Our Open Days start this weekend, and offer you and your parents & carers the perfect opportunity to find out more about what it's like to be a student at Oxford Brookes, as well as giving you insight into our courses

and the support we offer. You can book your place on our [website](#).

You will be able to join us for the following:

Subject taster sessions

- Q&A sessions with our academics and support staff
- Chat with current students
- Talks from our central services
- Including admissions, finance, wellbeing and accommodation

### University of Nottingham Opportunities

# OXFORD BROOKES UNIVERSITY



This and other opportunities can be found [here](#). In the University newsletter.



## The University of Nottingham

### Opportunities from the Local London Careers Hub East



## local london

### Careers Hub East

Virtual Work Experience YR.12 & 13 -Microsoft I Accelerator -Half Term -23rd-27th October 2023

Want to gain an insight to Microsoft this October (Half Term - 23-27 October)?

Want to work on a live project brief from Microsoft? Interested in Degree Apprenticeships?

If this is you then join the Virtual Microsoft I Accelerator this October 2023 (Half Term - 23-27th October)

Why join the Microsoft I Accelerator? [Watch our video](#)

This programme is open to pupils from Black, Asian or Mixed Heritage Sixth Form Students - Yr.12/13. There is

- 30 Places on our work experience programme.
- Workshops delivered by Microsoft employees

Opportunities to network and learn more about industry

**Deadline Thursday 19th October 2023**

Link to Apply: [Apply for the Microsoft I Accelerator 2023 – Sixth form – EDI Careers](#)



[Read More](#)

## JP Morgan Emerging Talent Work Experience

We're looking for curious and enthusiastic students aged 14 to 17 (Year 10-12 in England and S3-S5 in Scotland) interested in learning about our industry and our firm. You should be able to collaborate in teams, flexible, adaptable and a quick learner. We're looking for highly motivated students from diverse backgrounds interested in getting a head start on their future careers.

Under the guidance of a mentor, you'll spend time in one of our businesses as well as enjoy structured courses on practical skills such as resume writing, interview techniques and presentations. We'll help you determine if a career in financial services is right for you.

We have gone live with the information on the [website](#) where all applicants will need to apply.

On Thursday 19th October 2023, we will open the application portal for 24 hours only.

# J.P.Morgan

Application Link:

<https://www.surveymonkey.co.uk/r/DirectLineGroup-WorkExperience>

## Face-to-face Routes into STEM 2023/24

Routes into STEM is a three-day local experience for Year 9 and 10 students. It provides an amazing opportunity to help them understand the different routes to further STEM education and career pathways.

### Who is it for?

Students in Year 9 and 10 / equivalent who are interested in finding out more about STEM careers. Students should also be within one-hour of travel distance of locations.



### What is involved?

- A three-day local (non-residential) experience that includes a day in a college, a day in a university and a day at a STEM company local to them
- Students will explore STEM careers, participate in interactive workshops, site tours and hear from young professionals

### What are the outcomes?

- Experience real-world application of STEM subjects with hands on activities in a college, university and industrial environment
- Get exposed to STEM careers to enable students to make informed decisions about their future
- Speak with and feel inspired by apprentices/graduates about their experiences
- Go on campus tours, learn about student life, and get thinking about future studies in a mature and informed manner
- Develop valuable skills such as presentation skills, team-building, and social skills, and see how they can be applied to their CV, Application Form or Personal Statement
- Become a Bronze Industrial Cadet

### London dates & locations

- Tuesday 24th October 2023 - College Day - Uxbridge College
- Wednesday 25th October 2023 - University Day - location TBC
- Thursday 26th October 2023 - STEM Company Day at Bechtel, Park Royal

### Cost

£175 for all 3 days  
Fully funded places are available if cost is a barrier, please indicate your interest on the application form.  
To apply, please visit our [website here](#) or scan the QR code!



[www.etrust.org.uk](http://www.etrust.org.uk)

Web link:

<https://www.etrust.org.uk/f2f-routes-into-stem>



10 & 11 NOVEMBER 2023 | OLYMPIA LONDON



BOOK FREE TICKETS AT [WhatLive.co.uk](https://www.whatcareerlive.co.uk)

Web link:

<https://www.whatcareerlive.co.uk>



### New trial dates added!

Book your trial today and start your career in professional sports.

Our partnership with Tottenham Hotspur Football Club gives male and female students a fantastic insight and experience in coaching and helps to further develop and support their elite sports performance.

If you play football and are interested in our programme, we are hosting trials during October half term. Click the button below and complete the form to sign up.

### Upcoming trial dates:

- **Tuesday 24 October**  
(10am – 12pm girls programme, 12 pm – 2pm boys programme)

- **Wednesday 25 October**  
(10 am – 12 pm girls programme, 12 pm – 2pm boys programme)
- **Thursday 26 October**  
(10 am – 12 pm girls programme, 12 pm – 2pm boys programme)

Trials will be taking place at:

Frenford Clubs, The Jack Carter Centre, The Drive, Ilford, IG1 3PS.

[BOOK YOUR TRIAL](#)

## Apprenticeship Resources and Opportunities



## It's Options October on The Parent Perspective

Episode 6 kicks off the first of a 3-episode run called 'Options October'. Today, it's about post-16 options (after GCSEs) - use our handy [Post-16 options comparison table](#) while you listen in!

Rachel's guests, Lisa and Laura, provide invaluable insight from 3 key viewpoints - Lisa as a College Principal and Laura as both a teacher and a parent.

Listen in as we cover everything from A Levels to apprenticeships and many more along the way.



[LISTEN NOW](#)

## A BRAND-NEW FILM TO CELEBRATE 100 YEARS OF ARMY APPRENTICESHIPS

This month, the nation's number 1 apprenticeship employer - the British Army, is celebrating 100 years of offering apprenticeships!

To mark this special occasion, we went along to the Army Foundation College (AFC) in Harrogate and met some incredible Junior Soldiers to find out what life is like at the college and the opportunities available.

AFC Harrogate supports 16 and 17 year olds in learning military skills,

fitness and education (including English and Maths) so they're ready for an apprenticeship and successful career in whichever part of the Army suits them best - all whilst earning a good wage and making friends for life.

[WATCH THE FILM NOW](#)

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## WEBINAR: FIND OUT MORE ABOUT AFC HARROGATE

For young people interested in applying (and those supporting them)



Join our webinar on 7th November at 4pm to find out more about AFC Harrogate and how the college helps 16 – 17 year olds prepare for a career in The British Army.

You'll hear from current/past apprentices on their experiences of Army Foundation College Harrogate and how it has impacted and inspired their career so far.

[REGISTER NOW](#)

## Stay Up-To-Date with ASK Webinars!

With an ever changing skills and careers landscape, we know it can be hard to keep up with the latest announcements, policy changes and everything else!

The ASK webinar series is designed to cover a wide range of topics - from the basics to the more advanced - and gives you the opportunity to hear from the experts at the Department for Education.

Check out the full line up for the 2023-24 ASK webinar series.



[REGISTER NOW](#)

You can find a link to the Amazing Apprenticeships parent zone [here](#).



Recorded talks in the Speakers for Schools Inspirational Talks Library can be found [here](#).

The autumn newsletter, with a range of virtual work experience opportunities, can be found [here](#).

**If you have questions related  
to learning  
pathways, jobs or careers  
please contact  
Mr Langford:  
[d.langford@wansteadhigh.co.uk](mailto:d.langford@wansteadhigh.co.uk)**