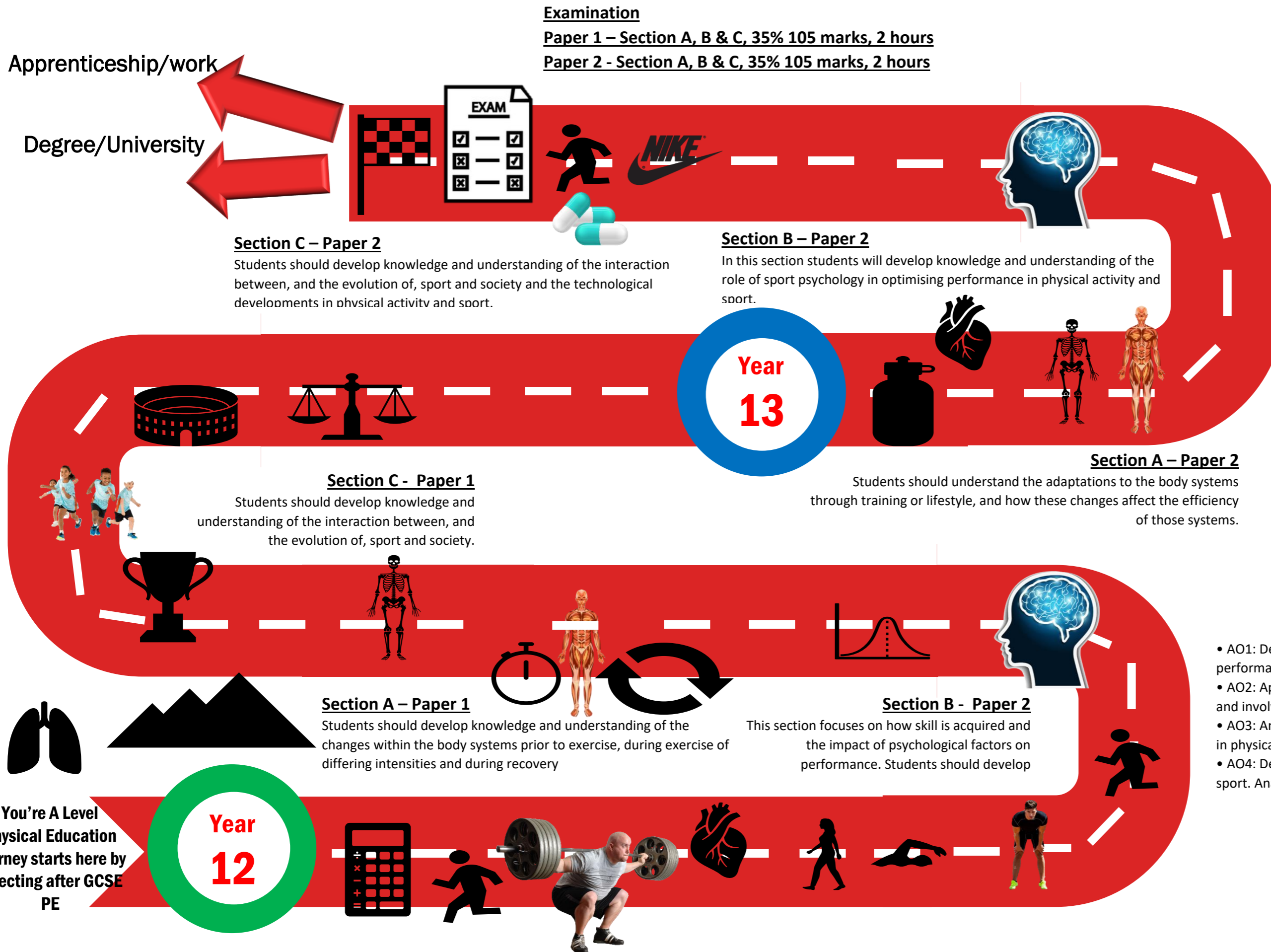


# Wanstead High School Physical Education Journey

## A Level PE Curriculum Map



### A Level Physical Education Breakdown

**Examination – 70%**  
**Practical Assessment & Analyse & Evaluate Performance – 30%**

### Practical Assessment (30%)

For A Level PE, you will need to select 1 sport: Students assessed as a performer or coach in the full sided version of one activity. Plus: written/verbal analysis of performance

#### Assessment Objectives

- AO1: Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.
- AO2: Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.
- AO3: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport.
- AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.